



Mai Family Services
Support when you need it most

WE SUPPORT...

BUILDING A STRONGER AND A HEALTHY COMMUNITY

Free Helpline (888)664-8624

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JOB OPENINGS!

ASSISTANT OFFICE MANAGER

Location: Livonia, MI 48152

Job Type: Part-time (20hrs/week)

Qualification: Some experience at office setting.

The person in this position will provide office administration and financial operations support to the organization.

There is three-month probation period

[**Apply Here**](#)

SOCIAL WORKER

Location: Livonia, MI 48152

Job Type: Part-time (20hrs/week)

Education: Minimum Bachelor Degree in Social Work

Qualifications: 2-3 years' experience at a non-profit or other public service agency * Familiarity with Domestic Violence issues, ability to work with a diverse South Asian population, being able to speak any South Asian language would be helpful.

[**Apply Here**](#)

SERVICES WE PROVIDE

Culturally appropriate counseling for:

- Domestic Abuse
- Marriage Counseling
- Mental Health issues
- Adjustment to new culture
- Senior Abuse/Issues
- Grief and bereavement support
- Referrals to shelters, attorneys, community health resources, therapists

**MaiFS interpreter service is available only to its clients with language barriers.

***All our services are free. There is no fee and we do not take any medical insurances.

DOMESTIC VIOLENCE AND MENTAL ILLNESS

When thinking about the correlation between domestic violence and mental illness, the concept of the chicken and egg comes to mind. Which comes first? If you think about mental illness as a physiological phenomenon that impacts your ability to think clearly, logically and coherently then you can understand how it can lead to domestic violence. Domestic violence, however, also can trigger depression, anxiety, low self-esteem that triggers more violence. Untreated psychiatric illnesses, even those that are easily treated, such as depression and anxiety, can impact functioning to such an extent that a person can engage in violence.

When attempting to understand the role between psychiatric illness and domestic violence it is important to look at the entire family system. It is not enough to address the perpetrator or the victim. One must not forget the silent victims of domestic violence, i.e., the children that live in the home. It is not unusual for disruptive behavior in a child to be the first sign of violence in the home. Children tend to act out their anger, anxiety and frustration. Therefore, it is important if there is a significant or severe change in a child's behavior that the entire family be assessed. The larger issue for children is watching how their parents treat each other. This then impacts their view of relationships as well as what is appropriate.

[read more...](#)

Author: Preeti Venkataraman, MD

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WOMEN OF THE COMMUNITY UNITE TO #BreakTheBias



International Women's Day was celebrated on Tuesday, March 8th at the beautiful IGGF location in Canton. This year's theme Break the Bias resonated with all. Every year Miindia.com partners with organizations to raise funds for Mai Family Services. The evening was sponsored by Miindia.com, Smile Centers (West Bloomfield) and Piyush Dave Realtor. This year along with DIWA, the event saw some unique talent and special content customized for the attendees.

Vasudha Komaragiri's lilting voice was stunning and helped set the mood for the event. State Rep. Kuppa welcomed the gathering and offered some highlights of her impressive journey as a legislator. Being the first Indian American woman to hold office, Rep. Kuppa was delighted to offer some useful tips on breaking the bias. Gov. Gretchen Whitmer's special video message highlighted the work that needs to be done for women empowerment in Michigan. In a special shout out to Mai Family Services, Gov. Whitmer thanked the services of the agency. First Woman Rabbi - Tamara Kolton offered an insightful and different approach into the feminine aspect of divinity. Dr. Usha Ram spoke about the eternal giving nature of a woman and prayed that women use their strengths to not only nurture but to support one another toward progress. Young girls from middle schools across the Wayne County brilliantly shared their vision for the world through song and speeches. Special video act from the Detroit Indian Women's Association brought a lot of color and vibrancy to the evening. What intrigued the audience were a splash of colors through a display of art by Junior of Northville High Laya Mangipudi and a young mom Janany Madhu. A grand finale by Dhanya Menon and Nisha Menon brought the eventful, thought-provoking evening to a close.

Special thanks to the team at DIWA and the bright young stars of the Michigan Indian community comprising of Smaya Yarlagadda, Manaswini Reddy, Nishka Khandelwal, Shreeya Saumil Patel, and Tanmaya Reddy. The entire event was planned over SMS by Vatsala Upadhyay, Lalita Kambhampati, Alka Srivastava, Savita Monroe and Anu Gopalakrishnan who also emceed the event.

All ticket sales and donations went toward Mai Family Services intervention and prevention programs.

Mai Family Services would like to specially thank the surprise donor (Kishore Mangipudi) who matched the ticket sales collection for the evening in tribute to his wife. Our hearts grow in gratitude for Manoj Sachdeva who graciously provided IGGF as the venue. Heartfelt thanks to Steve (IGGF Manager) for his unwavering support. And Miindia.com – we know we can count on your support any day! Thank you to all the attendees who took time off their busy week schedule to be at the event and make it a grand success.

Watch Governor's Whitmer's message [here](#):

Author: *Anupama Gopalakrishnan*

2022 - UPCOMING EVENTS

- **Community Engagement Huddle - Sunday, May 1st**
- **Of Payals And Zardogi - Saturday, July 30th**
- **Yaadein 2.0 (for Seniors) - Sunday, August 21st**
- **Annual Walkathon - Sunday, September 11**
- **Annual Holiday Banquet - Saturday, December 3rd, 2022.**

Stay tuned for more details...

Community Engagement Huddle
An annual interactive meeting with SE Asian community leaders.

Sunday, May 1st, 2022 / 3:00 PM - 4:00 PM
Zoom Link:
<https://us02web.zoom.us/j/864998672307?pwd=VWlnUUE0ak9yZm15c0ZlUWVWcEVAQT09>
Meeting ID: 864 9986 7230 / Passcode: 550009

Join us for an open discussion online around ideas, collaboration, and bringing change as we gather together to learn more about abandonment, crisis management, resource sharing, and tools.

Visit www.MAIFS.org to learn more about the organization.

Kindly RSVP your participation to Info@MAIFS.org
(Please provide full name, organization, designation, and contact email).

Mai Family Services is a 501(c)(3) non-profit organization serving South Asian individuals and families in crisis.

Of Payals and Zardogi
...a never seen Bollywood Ensemble of Arts!

SAVE THE DATE
Saturday, July 30th, 2022
Doors open at 5:00 P.M.

Seaholm High School Auditorium
2436 W Lincoln,
Birmingham, MI 48009

Do not miss the Summer Fundraiser.
All proceeds go toward
MaiFS prevention and intervention programs.
Visit www.MAIFS.org to learn more.

Mai Family Services is a 501(c)(3) non-profit organization serving South Asian individuals and families in crisis.

save the date

MaiFS Golden Club presents...
YAADEIN 2.0
celebrating our seniors with dance, music, and games.

Sunday August 21st 2022
Time: 2:00PM - 5:00PM
@ IGGF, Canton, MI
44815 Cherry Hill Rd, Canton, MI 48188
Entry Fee: \$15

An event for seniors and by seniors. Do not miss it! Pickup/Drop off will be made available by MaiFS volunteers.

All ticket proceeds go toward Mai Family Services Golden Club Program.

Visit www.MAIFS.org for information about our services and programs.

Mai Family Services is tax-exempt under section 501 (c)(3), a non-profit organization assisting survivors of Domestic Violence and Abuse.

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DONATE TODAY & TRANSFORM LIVES

Your Generosity Gives Hope and Transform Lives of Survivors in Remarkable Ways!

- Mai Family Services is a non-profit (501) (c)(3) organization
- All donations are 100% tax-deductible
- All donations are proceeded securely

Donation/Gift Options:

- **One-time Gift** - \$50, \$100, \$500, \$100, \$1000 & others
- **Recurring Gift** - \$50, \$100, \$500, \$100, \$1000 & others
- **Donate \$1 A Day**
- **Tribute Gift** - A gift in honor, memory, or support of loved ones (family member/friend/colleague)
- **Matching Gift** - Your donation can be doubled or tripled with a matching donation from your company. For more information on matching gifts, contact your HR department or our Treasurer, Mona Sashital at info@maifamilyservices.com
- **Leave a Legacy Gift** - Leave a lasting legacy by transforming lives of survivors. Donate to MaiFS a specific amount or a percentage in your will or revocable trust. For more information on leave a legacy gift, contact our Treasurer, Mona Sashital at info@maifamilyservices.com
- **Stock or Wire Transfer Gift** - Donation made to Mai Family Services using stocks and mutual funds can be a tax-deductible. For more information on stock or Wire Transfer Gift, contact our Treasurer, Mona Sashital at info@maifamilyservices.com

There are other ways to help and support Mai Family Services.

In-Kind Donations,

- 1) Pro-bono services (such as Free Legal, Medical, Counseling services, Job placement assistance etc. For more information on pro-bono services, contact us at info@maifamilyservices.com
- 2) Sponsors for Event Space/Banquet Halls to host our workshops and fundraisers.

Ways to Donate:

- **Zelle** : admin@maifamilyservices.com
- By **check** to: *MAI FAMILY SERVICES, 32401 W. Eight Mile Rd., Livonia, MI 48152*
- **Online Donation** [click here](#)
- Please use the **QR code** to scan with your smartphone and donate

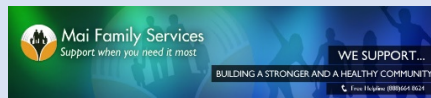
PAYPAL



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Thank you for supporting Mai Family Services!



Our mailing address is:

MAI FAMILY SERVICES
32401 W. Eight Mile Rd.
Livonia, MI 48152

