



Mai Family Services
Support when you need it most

2023 Annual REPORT

MAI FAMILY SERVICES

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ABOUT MAIFS

Mai Family Services (MaiFS) is a nonprofit South Asian organization serving individuals and families in domestic violence and abuse through prevention and intervention programs.

The organization has served over thousand individuals since 1986 and continues to work with the community and its partners in delivering direct services, resources and tools.

Vision & Mission

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VISION

MaiFS envisions offering a broad spectrum of culturally sensitive, prevention, and intervention services to build healthy and strong South Asian families and communities in Michigan.

MISSION

MaiFS seeks to raise awareness and provide trauma informed support services in the areas of partner and family violence, substance abuse, mental health and senior issues through confidential, non-judgmental, and culturally sensitive programs and services.



President's Note

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Dear Community Champions,

I am thrilled to share the remarkable journey we have embarked upon to create lasting positive change within our community. With unwavering dedication, compassion, and an unyielding commitment to hope, we have witnessed incredible transformations that will inspire generations to come. Mai Family Services (MaiFS) is committed to supporting survivors in a structured process with state-mentored resources and tools. As I take the baton from the previous leadership, here are some focus areas for 2024:

Sustainability at the Core: We have a lot of work around awareness and program building that is trauma-informed and survivor-centric. This is of primary essence to the organization. To do this, we need the right set of tools and manpower to serve our survivors better. As times and technologies are evolving, so are the issues and challenges.

Empowering Outreach: Through several impactful South Asian-focused outreach programs, we will work toward raising awareness around critical issues such as abuse, violence, mental health struggles, substance abuse, and suicide prevention. Our united efforts have sparked conversations that break down stigmas and provide much-needed support to those in need.

Youth Mentorship: By actively engaging young minds through mentorship programs and educational initiatives, we nurture a generation of compassionate leaders who will shape a more inclusive and empathetic society.

Volunteer & Donor Engagement: This is our lifeline. MaiFS would not be possible without the giving nature of our resolute volunteers who tirelessly lend their time and expertise. We are eternally grateful to our generous donors whose unwavering support makes all this possible.

The visionary leadership of our board members and our diligent staff ensures that every decision aligns with our bold mission - doing what is right and creating a positive change in the lives of our survivors. Together, we will continue to build a community that thrives on love and kindness, with grace and resilience.

With boundless optimism,

Anu Gopalakrishnan

MaiFS continues to educate the community about

- Mental Health/Substance Abuse
Suicide Prevention
- Legal Challenges & Resources
- Safety for battered individuals
- Cyber Security and technology
- Stress relief techniques and more!

Learn how to help if you witness abuse!

- If safe, talk to the victim alone.
- Be non-judgmental & listen.
- Let the person know she/he is not alone.
- Have the survivor contact MaiFS for trauma informed survivor centric care and support:
 - Free helpline: (888) 664-8624
 - Local Line: (248) 477-4985

Survivor Stats

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Total # of survivors served in 2023

Program	Survivors
Domestic Violence	45
Marital/Family Issues	7
Senior Issues	3
Information/Basic Counseling	23
Referral/Resource Sharing	52

Total = 130

Financial assistance in 2023

Rent (Accommodation)	Food	Utility	Gas/Fuel
Medical	Transportation	School Supplies	Legal
Pre-paid phone cards	Driver Training		

TESTIMONIALS

Rupani *(Survivor name changed to protect identity)*



A survivor was referred to MaiFS in 2016 by a mainstream agency. Her husband had been charged with a very serious felony. They had two children under the age of 3. He abandoned them and absconded to India to avoid facing his charges. She was left with nothing. MaiFS stepped in to aid with all her needs, such as food, shelter, and clothing. Additionally, she was given assistance with transportation, utilities, counselling, and legal services. After a long 7-year journey with MaiFS she obtained a divorce and got full custody of her children and finally received her U-Visa. She is now well settled with a full-time job and no longer lives in fear of violence. She has expressed immense gratitude for the help and services provided by MaiFS.

Charita *(Survivor name changed to protect identity)*



A survivor contacted us after she fled to Michigan from another state. She was terrified that her abusive spouse would locate her and finish what he had started. She is educated and very independent but was paralysed by fear and lack of self-confidence and didn't know how she would move forward. MaiFS helped her chart out a path that would empower her and assured her that she would be safe. A MaiFS caseworker connected her with an attorney who would guide her through the legal process that would lead to her independence and freedom. MaiFS also provided counseling, guidance, direction, attorney fees and emotional support. The survivor was very thankful and mentioned that if it was not for MaiFS, a totally different outcome would have ensued.

Golden Club Program

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Golden Club is a service offered by MaiFS, specifically directed toward the seniors 60+ in Southeast Michigan who need support and help with basic essentials.

Though there are many senior clubs, Golden Club is unique because it is completely free of charge and guided by trained and certified social workers of MaiFS. Members can attend senior-only events and informational webinars at no cost.

In addition, you can request transportation to doctor's appointments, banks, libraries etc. You can also receive regular phone calls and home visits by an assigned dedicated volunteer.

Grant Update

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CSU State Grant

CSU stands for “Culturally Sensitive Underserved” grant offered by the Department of Victim Services (DVS). This State funded program is FREE to the survivors of Domestic Violence.

MaiFS offers FREE Victim Advocacy Services and Life-skills Training, with the goal of empowering victims and survivors of domestic violence to lead safe and independent lives.

This State funded program is FREE to the survivors of Domestic Violence. The CSU grant has been renewed for the 8th consecutive year 2023-2024

YEAR	SURVIVORS
2019	56
2020	60
2021	16
2022	15
2023	
DV victims/survivors served - 15	
DV Advocacy and Life Skills - 12	
Tuition/Educational Assistance - 3	
Total: 30 survivors	

MaiFS Board

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MaiFS Board Members

Anu Gopalakrishnan - President

Lalita Kambhampati - General Secretary

Mona Sashital - Treasurer

Dhanya Menon

Imandeep Grewal

Nasreen Meah

Preeti Venkatraman

Radhika Shukla

Rajiv Sanghvi

Shanti Menon

Sujit Kulkarni

Usha Ram

Vatsala Upadhyay

Staff Members

Yogita Chhetri

Murali Nair

Shivani Gupta

Manisha Rathod

Lalita Ghosh (Caseworker)

Charu Shah (Caseworker)

Financials

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Profit & Loss for 2022 - 2023		
Income	2022	2023
Opening Balance	\$409,266.61	\$292,099.80
Membership	\$1,700.00	\$1,402.53
All Events Revenue + Donations + Interest	\$242,223.03	\$288,475.79
CSU Grant	\$100,267.56	\$114,172.67
Total Income	\$344,190.59	\$404,050.99
Expenses	2022	2023
Program Cost *	\$129,389.44	\$153,688.22
Administrative**	\$3,909.69	\$3,332.35
Liability Insurance	\$1,777.26	\$1,503.06
Supplies	\$49.48	\$272.80
Grant	\$100,898.84	\$113,301.13
Outreach/promotion/Senior Event	\$179.62	\$1,603.97
Annual Fundraising event	\$433.60	\$11,189.42
Walkathon	\$182.48	\$2,455.00
Holiday Banquet	\$14,399.77	\$11,439.65
Total Expenses	\$251,220.18	\$298,785.60
Funds moved to Endowment funds	\$200,000.00	\$144,407.01
Closing Bank Balance	\$302,237.02	\$252,958.18
Operating Reserve ***	\$160,000.00	\$160,000.00
Available cash flow	\$142,237.02	\$92,958.18

* Program costs: Cost to run the Services offered and maintain the infrastructure

** Administrative: Postage + web hosting + CPA + printing + PayPal + Payroll Expenses + technology

*** Operating Reserve For 12 Months

GuideStar Seal

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MaiFS received the GuideStar Platinum Recognition Seal.

GuideStar Platinum Seal recognizes nonprofit organizations' progress and results in important new ways—moving way beyond simplistic financial ratios—to reflect the changes organizations are making in the world.



Mai Family Services

Support when you need it most

www.maifs.org

2023 Highlights

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Events in 2023

- Community Townhall Meeting @ IGGF, Canton
- Embrace The Light, International Women's Day Celebration
- Golden Club Series Game Time
- Of Payals and Zardozi, Annual Fundraiser
- Walk to Stop Domestic Violence – Annual Walkathon
- Yaadein 3.0 – Golden Club
- Annual Holiday Banquet

Outreach

- Lansing Sikh Community, Baisakhi Mela
- AIWA
- Geetmala Bollywood Concert
- Take Back the Night Detroit
- Diwali event in Troy
- Meeting with International Delegation from Kazakhstan

Workshops

1. Mental Health Awareness, You are Not Alone
2. Mental Health Awareness, Decoding your mind in the digital world
3. Suicide Prevention Workshop
4. South Asian Culture and Domestic Violence

*Some MaiFS members completed the 40-hour Domestic Violence Service Provider Training offered by MCEDSV.

2023 Highlights

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2023 Highlights

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Supporters

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Grand Donors (\$25k & up)

Anita & Santosh Mehra
IGGF
Manoj & Poonam Sachdeva
Amit & Rahi Sachdeva
Arun & Devi Kapur

Ruby Donors (\$10k & up)

Bhargava Foundation
IGGF
EWIE Group of Companies "EGC"
EWIE/PSMI/SourcePro/EWIE
Canada(subsidiaries of EGC)
Manoj & Poonam Sachdeva
Amit & Rahi Sachdeva
Arun & Devi Kapur
Sheila & Kanti Dhanda

Diamond Donors (\$5K & up)

Bahadur Family Foundation
Deepa & Deepak Goel
Vimal Puri

Platinum Donors (\$2500 & up)

Anil & Marjorie. Kumar
Bharat & Jaidevi Sanghvi
Chitrlekha Joshi
FOMAPI
Guru & Mona Sashital
Kusum Rashid
Manoj and Poonam Sachdeva,
EWIE
Usha Ram

2023 Recurring Donors

Ajeet Kulkarni
Anu Gopalakrishnan
Aashish & Preeti Tyagi
Girish & Suman Khosla
Janet Malkar
Kala Modi
Kamlesh & Deepika Parekh

Kris Kumar
Madhu & Om Bhasin
Niketa Dani
Rakesh Shah
Sheela Madepalli
Tagore Vepa

SUPPORTERS

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Gold Donors (\$1000 & up)

Aarti & Sandeep Johri
Aruna & Abhay Mehendale
Amita & Arvind Pradhan
Anand & Sharangpani
Arya Pratinidhi Sabha America
Asha & Nirdosh Reddy
Bharat & Smita Bhatt Family Foundation
Darsh Kumar
Geetmala Foundation
Geetha & Pradeep Bhandarkar
Lalit & Shobha Shah
Lalwani Foundation
Meena & Parshuram Date
Nayana Parikh
P & GV Vaishampayan
Rachamale Foundation
Rajendra & Pratibha Modi
Rakesh N. & Indira R. Saxena and Deepti Munshaw
Sailaja Rani Dronamaraju
Sharma Family Funds
Sharath and Shobha Chandra
Shashikant M. & Leena Deshpande
The Skillman Foundation
Staffing Mogul, LLC (Sivaram Yarlagadda)
Stephanie Ann Patil
Subhash & Preeti Kelkar
Vikas & Veena Shah

Silver Donors (\$500 & up)

Aim For Seva
Anjali Prasad, Prasad Legal, PLLC
Anju Sawani
Anonymous
Rajiv & Anupama Nair
Bharat Doshi
Bhimsen & Shakuntala Rao
Bichitra Inc.
Darshana (Madhu) Sikka
Deepa & Kiran Ingle
Devendra Mehta
Dhaval & Nina Kikani
Hans & Shakuntla Taneja
Kalpana & Dilip Shah
Land Development Consulting Services
Madhuri Deshpande
Mahesh Desai
Mohindrapal & Usha Gill
Michigan Indo-American Forum
Mullick Foundation
Nirish R. & Payal Lal Trustee – For Neera Agarwal
Peopleplus Software INC
Pradeep Kokate
Prakash & Mandakini Gandhi
Priti & Ashok R Shah
Preeti Venkataraman
Rohit & Minal Engineer
Rotary Club of Ann Arbor West
Sanjay & Priyamvada Sharma
Sharbari Maitra-Joshi & Shashank Joshi
Shanti & Shashi Sharma
Shashi & Tilak Sharma
Savitha Balaraman
Sudha Purohit
Vijay & Sara Goburdhun Foundation
Viral & Sapna Chhaya

Partners

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Corporate Partners



Media Partners

- Geetmala WPON
- Geetanjali WPON
- Manoranjan wPON
- Rockin' Raaga WNZK
- Miindia.com

Looking Ahead

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Mai Family Services will be working on several initiatives in 2024. Please be sure to like, share, and stay engaged on our social channels. If you would like to share ideas, please send us a note at info@maifs.org



www.facebook.com/MaiFS



www.instagram.com/maifamilyservices

Workshops/Training - culturally sensitive programs will focus on survivors and community building. The MaiFS team will be collaborating with different partners and individuals to spread awareness throughout the year.

June 2024 - Walkathon! Let's walk to raise awareness and stop Domestic Violence. Stay tuned for the details.

August 25th - Seniors Day - Do not forget to mark your calendars for our Golden Club Event- exclusively for seniors, by seniors. Organized meticulously by MaiFS volunteers at IGGF, Canton.

October - DV Awareness Month - The MaiFS team will be all across Michigan sharing information distributing brochures and speaking at events. Stop by to say hello!

November 23rd Holiday Fundraiser - Mark your calendars! Stay tuned for some very cool details.