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MaiFS 2023 WALK-A-THON

Taking a significant step toward a safer future www.maifs.org



Mai Family Services receives hundreds of calls annually. Individuals seek resources, counseling and other critical services to enhance the quality of their lives – free from abuse and violence. In a world plagued by the devastating effects of domestic violence, it is heartening to see communities coming together to take a stand and create positive change. Mai Family Services was the first South Asian organization in Michigan to have conducted a walkathon in 2009. Since then, the organization's sole aim for the walkathon is to raise awareness, and provide a knowledge base for the community to better understand what abuse and violence could do to break the very ecosystem we live in. This year was no different. On Sunday, June 11th at the beautiful Lakeshore Park in Novi, the vibrant volunteers, artists of all age groups gathered early morning with excitement to nourish and educate the community. The walkathon was a powerful testament to the collective determination and resilience of individuals from all walks of life. This annual event serves as a platform for important conversations and awareness-building.

2023 Walk to Stop Domestic Violence was brilliantly put together by the board volunteer lead Lalita Kambhampati with volunteers seamlessly working together to bring about an engaging activity. To fill up a last-minute cancellation of one of our prime artists, board volunteer member Dhanya Menon's versatility was at display as she instantly charmed the attendees by involving them with an impromptu ice breaker. Eva Tyagi regaled the audience with her eloquent emceeing. Vatsala Upadhyay, current President of MaiFS urged the community to be aware of the issues surrounding them and seek resources from a vetted organization that has been doing quality work for over three decades. Survivor stories played an integral role in raising awareness about domestic violence. These stories served as poignant reminders of the challenges faced by those affected by violent physical abuse while highlighting their strength and resilience in overcoming adversity through MaiFS timely help and resources. Sharing these narratives encouraged unity, empathy, and understanding among the attendees.

The walkathon provided an opportunity for several young and talented youth leaders like Eva Tyagi, Rishabh Rao, Neya Sathish, Nandika Sathish, Anya Tyagi, Anoosha Malghan, Milana Custer, Mahati Gudlavalleti, Ashrita Bansal and Taneesh Sebastian who worked on marketing materials, videos, and posters that visually informed attendees about the trigger points of domestic, mental and substance abuse. Beautiful and talented youth artists represented by Anmol Shukla, Prisha Vysyaraju, Ryan Armstrong, Noah Binguit, Nandini Vakde, Pranav Mukund Magesh, Aditya Ponsiva Aravind, displayed their instrumental music skills amidst nature, building harmony, peace, and reflection along the path.

Their energy and enthusiasm infused the event with hope for a better future, where every

Their energy and enthusiasm infused the event with hope for a better future, where every person feels safe and protected.

Mayor Pro Tem of Novi David Staudt and Novi Law Enforcement officials stressed the importance of reporting issues and crisis and spoke about MaiFS collaborative approach on a day that is filled with compassion, solidarity, and determination. The event would not have been possible without the timely help, passionate commitment and dedicated service offered by new and seasoned volunteers like Deepali Karmarkar, Kusum Rashid, Preeti Gupta Tyagi, Kalyani Chaganti, Smita Khosla, Bhuvnesh Khosla, Rupal Baxi, Bharati Neelakantan, Beena Narimetla, Mona Sashital, Anu Gopalakrishnan, Usha Mittal, Usha Ram, Meghana Choudhary, and Yogita Chhetri.

Together with community leaders, volunteers, survivors, families, friends, and concerned citizens alike - MaiFS is making a difference in combating domestic violence. Say NO to abuse. Say NO to Violence.

Please visit www.MAIFS.org to learn more and participate in the future events

2023 Walkathon Album

UPCOMING EVENTS - MARK YOUR CALENDAR!

- Senior Day Celebration Sunday, August 20th
- Holiday Banquet Saturday, December 2nd

CSU GRANT UPDATE

MaiFS has been providing exclusive advocacy and life-skills sessions to South Asian domestic violence survivors since 2017, thanks to a generous grant from Michigan's Department of Health and Human Services and the Division of Victim Services.

This grant not only supports DV advocacy and counseling services but also offers educational training, counseling, and guidance to program participants. Additionally, limited tuition support and various avenues of assistance are available to empower participants in their journey to self-empowerment.

For more details about this program, please visit our website at <u>maifs.org</u> or contact Murali Nair at 248-795-463

JOB OPPORTUNITIES

- Assistant Office Manager
- Case Worker

How to apply:

"Please e-mail a cover letter detailing your relevant experience and resume to <u>Jobs@maifamilyservices.com</u> indicating the position you are applying for in the subject line."

Please provide three references.

WAYS TO DONATE

Thank you MaiFS well-wishers and donors for your monetary contribution and your continued support for the work that we do at Mai Family Services. The major portion of the funds collected from our donors is expended in providing direct services to our clients (housing, food, utilities and other necessities) and paying for the infrastructure that supports this work and building awareness through outreach.

Our sincere appeal to you to choose Mai Family Services as your preferred charity for the year 2023 AND beyond for donation.

There are **several ways** you can donate and make a difference in survivors' and their children's lives: **Zelle** at admin@maifamilyservices.com

Venmo at @maifsadmin

Mail a **check** to **32401** W **Eight Mile Rd**, **Livonia**, **MI 48152** Scan the QR code to pay by **Credit Card**



Thank you for supporting Mai Family Services!





Our mailing address is: MAI FAMILY SERVICES 32401 W. Eight Mile Rd Livonia, MI 48152





