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# SOW SEEDS OF CHANGE THIS JUNE DONATION APPEAL

Anu Gopalakrishnan, President - Mai Family Services

48% of South Asians in the US experience physical violence\* \* Source: Rai, A., & Choi, Y. J. (2021)

Some survive, but many don't!

Your donation to MaiFS isn't just money—it's a lifeline, a voice for the voiceless, and hope for a future where no one suffers in silence. As a South Asian agency, we know firsthand the cultural barriers we face. MaiFS broke through those for several individuals since 1986. Now, with your help, we can do the same for countless others. **Every dollar builds a bridge to safety, every cent wh** 



Please donate to support our movement and help the 42 survivors this month as they fight legal battles, look for trauma informed counseling tailored to their language and needs, navigate state resources, seek accommodation, search for medical aid, identify baby-sitting services for their children as they step out to be empowered, enroll in driving classes to keep them liberated economically and so much more.

Could you make MaiFS as your choice for charitable donations? You can choose from any one of the four options:

1. Venmo: @maifsadmin

2. Zelle: admin@maifamilyservices.com

3. Monthly recurring or PayPal: <a href="https://www.maifs.org/donate">www.maifs.org/donate</a>

4. **Checks** can be made payable to "Mai Family Services"

Mail to: Mai Family Services, 32401 W. Eight Mile Road, Livonia, MI 48152

Thank you for your time and support. Your gift today builds tomorrow's healing. Please visit us at <a href="https://www.maifsorg">www.maifsorg</a> to stay engaged.

## MCEDSV ANNUAL CONFERENCE REPORT

A report by Yogita Chhettri - Program Manager, Mai Family Services

I had the opportunity to attend the MCEDSV annual conference in Dearborn, Michigan. It was an immensely enriching experience for me, both personally and professionally. The two-day event, which gathered over 70 representatives from various agencies, offered a unique opportunity to connect with like-minded individuals committed to survivor advocacy and legal services. I was particularly inspired by the diversity of the presenters, hailing from places such as Wisconsin, Boston, and even New Zealand. Their expertise and perspectives were invaluable, shedding light on a wide range of critical issues, from financial services for survivors to trauma-informed approaches. The sessions on *Criminal Record Relief* laws and Michigan's *Extreme Risk Protection* Law were especially enlightening, providing practical knowledge that I can bring back to my work.

I am deeply grateful for the opportunity to participate in such a comprehensive and impactful conference. The dedication and passion of everyone involved were amazing and the collaborative spirit cultivated a supportive environment for learning and growth. The insights gained from discussing the challenges in running shelters and the importance of becoming an expert witness will certainly enhance my ability to advocate effectively for survivors. This conference reaffirmed my commitment to this vital work, and I am privileged to be part of a community dedicated to creating positive change in the lives of survivors.

Thank you to Mai Family Services, MCEDSV, speakers and participants for making this an unforgettable and transformative experience. If you wish to partner with Mai Family Services around survivor centric programs, please email <a href="mailto:info@maifs.org">info@maifs.org</a>

## **MONTHLY STATSTICS**



# Our world in June

TOTAL NUMBER OF CLIENTS SERVED: 42



**29** 

Current active survivors

Youth Issue

2

Senior abuse

10

Referrals and Resources

MaiFS Free Helpine: 888-664-8624

(Mon-Fri: 9:00 AM - 5:00 PM)

# ESSENTIAL KNOWLEDGE: EXPAND YOUR UNDERSTANDING

#### What is a PPO?

A Personal Protection Order (PPO) is a court order to stop threats, violence or harassment against you. You can get a PPO to protect you from someone age 10 or older who is threatening, hurting, stalking, or harassing you. However, parents can't get a PPO to protect them from their child under 18, and children under 18 can't get a PPO to protect them from a parent.



The court can order that person not to:

- Have contact with you.
- Follow or approach you.
- Enter a place where you live
- Threaten to sexually assault, kill, or physically injure you or another person.
- Purchase or possess a firearm.
- Interfere with you at your place or employment or education.
- Contact you by phone, email or social media.
- Do anything that interferes with your personal freedom or that causes you a reasonable fear of harm

You can also get help in filing for a PPO by contacting Mai Family Services at <u>info@maifs.org</u> or by hiring your own attorney.

# CULTURALLY SPECIFIC UNDERSERVED (CSU) GRANT RENEWED

We are delighted to announce that the CSU-Grant program of Mai Family Services, funded by Michigan's Division of Victim Services (DVS), has been renewed for 2024-2025. This program empowers South Asian victims and survivors of domestic violence in Metro Detroit, offering a comprehensive support system to help them lead lives free from fear.

Since its inception in 2017, the CSU-Grant program has served several victims and survivors, providing advocacy services and essential skills to build self-confidence and self-reliance. The advocacy sessions educate survivors about domestic violence within their cultural context and inform them about local community services and resources available to them.

The skill-building sessions enhance English communication, computer literacy, and financial management skills. Additionally, the program offers educational and tuition assistance to help improve job prospects for survivors.

For more information, please contact Murali Nair at 248-795-4639. To learn more about Mai Family Services, please visit <a href="https://www.maifs.org">www.maifs.org</a>

## Maifs – SAVE THE DATE

#### August 2024

- Sunday, August 25: MaiFS Annual Seniors Day Celebration
  - o **Venue**: Indo-American Community Services (IGGF)
  - Details: A day dedicated to honoring and celebrating the senior members of our community. Enjoy various activities, entertainment, and refreshments tailored for our cherished seniors.

### September 2024

- Sunday, September 14: MaiFS Walkathon
  - o Location: Lakeshore Park, Novi
  - Details: Join us for a refreshing walkathon at Lakeshore Park. This event aims to promote health and wellness within our community while raising funds for MaiFS initiatives. Participants of all ages are welcome.

#### November 2024

- Saturday, November 23: MaiFS Annual Holiday Fundraiser
  - o **Location**: Radisson, Southfield
  - Details: Our annual holiday fundraiser is an elegant evening featuring dinner, entertainment, and an auction. All proceeds support Mai Family Services' programs and services. Dress in your finest attire and join us for a night of celebration and giving.



# Thank you for supporting Mai Family Services!





## Our mailing address is: MAI FAMILY SERVICES 32401 W. Eight Mile Rd Livonia, MI 48152





