- DOMESTIC VIOLENCE 101 TRAINING
- MARCH HIGHLIGHTS
- WHAT IS LOVE? BABY DON'T HURT ME!
- DONATION APPEAL
- WE ARE HIRING!
- PARTNER EVENT

DOMESTIC VIOLENCE 101 TRAINING

offered by MaiFS



Registration link: https://bit.ly/maifsdv101



MARCH HIGHLIGHTS

SUPPORT WHEN YOU NEED IT MOST MARCH SNAPSHOT

Mai Family Services is currently serving the South Asian community with the right tools and resources for survivors. A quick look at our March Activities.

PARTNER ENGAGEMENT

Mai Family Services volunteers and staff were involved in raising awareness, building partnerships, and serving survivors.











CANTON PD

AIWA

EMU

APIA VOTE

MSU

CANTON

MaiFS board and staff met with the Canton Law Enforcement team to support their initiatives in providing culturally specific workshops for the police officers. MaiFS helpline will be included in all Canton PD materials.





MaiFS thanks AIWA and all its partners for the appreciation award for our work and services to the South Asian communities through innovative collaboration. Thank you for the partnership.

STATISTICS



Currently supporting: Domestic Violence: 36 survivors Senior Issues: 2 Resource Sharing: 15 individuals

GOLDEN CLUB PROGRAM



SERVICES

Serving individuals 60+, we invite you to join our club and enjoy the free services and support offered by our strong volunteer team.

FREE MEMBERSHIP FREE RESOURCES

ACCESS TO SUPPORT FUN EVENTS

VOLUNTEER CALLS TECH HELP

Email info@maifamilyservices.com for more information.



WHAT IS LOVE? BABY DON'T HURT ME!

Written by Manju Patnaik



"Manipulative people are those who wish to be loved on their own terms." - David S. Viscott

To date, the 1973 film, Yaadon Ki Baraat is a guilty pleasure. What is not to love about the movie? Three brothers separated as children, by the tragic murders of their parents, reunite two decades later. A feel-good story with beautiful music that remains relevant 51 years later. Although, in recent years, one scene in the movie leaves me uncomfortable. There are several scenes between the characters played by Vijay Arora and Zeenat Aman, where he relentlessly pursues her while she is vocal about her disinterest in him. Finally, during a song sequence between them, he fakes jumping off a cliff to scare her into declaring her love. This concept of using coercive tactics in the name of love is neither new nor unique to this movie alone. There are countless instances in popular cinema, where such behavior is not only normalized, but romanticized.

Growing up in India during the eighties and the nineties, Indian cinema played a significant role in shaping our view of love. On one hand, we were treated to beautifully spun stories portraying the innocence, beauty, and angst of love; while on the other hand, there are countless stories that glorify manipulative love. Ultimatums of "kill" or "be killed," from our favorite heartthrob, set the tone for young love. Worse, yet were the emotionally burdensome relationships portrayed between a parent and child. Cinema continues to be an inexpensive form of entertainment for the Indian middle-class. A three-hour vacation from the daily grind. This toxic love trope in cinema could negatively impact our outlook on love.

Per an <u>article</u> published in WebMD, "Manipulation is the exercise of harmful influence over others. People who manipulate others attack their mental and emotional sides to get what they want. The person doing the manipulating, called the manipulator, seeks to create an imbalance of power. They take advantage of you to get power, control, benefits, and/or privileges." Common manipulation techniques used by a manipulator include guilt, criticism, isolation, humiliation, blaming, accusing, adultery etc. Manipulation can end up with low self esteem, depression, anxiety, substance abuse, and much more.

A manipulative relationship is not always between two people who are romantically involved, it can exist between any two people and commonly happens in closely formed relationships. Love based on coercion or emotional extortion is not love, so these relationships should end. In some instances, this might require assistance from local police or social workers.

While creators are changing their content, there are instances when such love is still central to the storyline. Although content consumers have started to recognize the wrongful normalization of manipulation, we still need to continue to educate ourselves and those around us to separate reality from a story.

DONATION APPEAL

MaiFS is serving 36 survivors who have been physically, mentally, emotionally, verbally, financially, and sexually abused. Additionally, 21 individuals have called the MaiFS helpline and office seeking resources to handle their crises since the start of the year 2024. We need your help to raise awareness and provide quality service to all those seeking support - some of whom have a voice and some suffering in silence.

Make a difference today!

Your donation to Mai Family Services can change lives. With your support, we can help survivors of abuse find the resources and care they need to heal and thrive. Join us in raising awareness and providing quality counseling services to those who need it most. Together, we can do this. Use any of the channels below to donate and be a beacon of hope for those in need.



https://maifs.org/donate/



WE ARE HIRING!

Come, join the team at Mai Family Services for a fulfilling experience. We are hiring! Visit https://maifs.org/job-opportunities/

PARTNER EVENT





INFORMATION SESSION ON BREAST AND CERVICAL CANCER.



SATURDAY MARCH 30, 2024

TIME: 10AM-11:30AM

DETROIT FRIENDSHIP HOUSE

9540 CONANT,

HAMTRAMCK, MI 48212

JOIN US AND LEARN
HOW TO
PROTECT YOURSELF
AND DECREASE YOUR
CANCER RISK. LEARN
HOW TO DETECT
BREAST AND CERVICAL
CANCER EARLY.

TO REGISTER SCAN THIS QR CODE:



FOR QUESTIONS CALL 313-241-0995



DETROIT FRIENDSHIP HOUSE

Thank you for supporting Mai Family Services!





Our mailing address is: MAI FAMILY SERVICES 32401 W. Eight Mile Rd Livonia, MI 48152





