



MAI Family Services

News & Views

April 2011

32401 W. 8 Mile Rd.
Livonia, MI 48152
(248)477-4985

FROM THE EXECUTIVE COMMITTEE



Last year was both challenging and rewarding for MAI Family Services. The demand for our services from new clients and from those who are benefitting from our ongoing support continued to increase. Fortunately, both of our community-wide fundraising events were successful, and we were able to raise over \$65K. **This year we are counting on your continued support** so that we can assist our community members in difficult situations.

We are excited to announce that our annual Walk to Stop Domestic Violence will be held on Sunday, June 5th. Those of you who attended our previous walks know that we have not had the best luck with early October weather. We are hoping for a sunny spring day so that more of you can join us. Our walk is a family-friendly event with fun activities and snacks. Please encourage your family and friends to participate!

Our special guest, Kayhan Irani, an Emmy Award winning writer and activist will kick-off the walk after addressing fellow walkers. The funds raised from the walk will be used to provide direct support to survivors of domestic violence in the form of safe housing, food, legal fees, medical care and other necessities. To learn more about the event and register online, visit <http://maifswalk.kintera.org>.

DOUBLE MURDER

*Yesterday,
I was so happy,
so ecstatic,
bubbling with energy,
carrying my unborn child
kicking....a sign of life.*

*Today,
I am wearing black,
weeping,
grieving,
suffering,
carrying now a corpse in my womb
I live but only as a grave.*

*Last night,
the father of my baby,
kicked me so hard,
he killed my dreams
and my baby too.*

CALL REPORT

Since January 2011

- 47 new calls requesting assistance on our helpline
- 11 of the 47 new calls were related to domestic violence



Follow us on
facebook! Search for
MAI Family Services.

UPCOMING EVENTS

- Sunday, May 15th: Believe & Achieve Workshop
- Sunday, June 5th: Walk to Stop Domestic Violence
- Saturday, July 17th: MAI Bazaar. Details will follow.
- Saturday, September 17th: Annual Fundraising Event. Dance Drama by Nartan Dance Academy at the Ford Community & Performing Arts Center. Details will follow.
- Saturday, Dec 10th: Holiday Banquet. Details will follow.



MAI Family Services

Support when you need it most!

FREE Helpline: 888-664-8624

Date and Time of Event:

Sunday May 15, 2011

2pm- 4 pm

RSVP by May 10th

Venue:

Novi Northville Montessori

23835 Novi Road,

Novi, MI 48375

**(Between 9 and 10 Mile Rd
across from the Novi Ice Arena)**

Believe & Achieve **Believe & Achieve**

Free Seminar on building self esteem & achieving goals by Dr. Padmaja Nandigama

To register, email monab@maifamilyservices.com or call 248-477-4985

Increasing self esteem will help one realize their full potential and achieve success.

Motivation plays a very important role in reaching one's goals.

This talk will help the youth understand the:

- Power of self esteem
- Tips to increase self esteem
- Effects of Motivation
- Developing Self-motivation strategies
- Goal setting principles

Dr. Padmaja Nandigama is a Psychology faculty at Schoolcraft College, Livonia, MI. She is also the Founder and Director of Bio-feedback Solutions, P.C.

Apart from teaching and providing neuro-feedback services, she is extremely effective in giving motivational talks. With a doctorate in Psychology and an immense passion to help others, she is well qualified to motivate subjects of different age groups on many diverse issues. She is currently working on publishing a book about Collectivist (eastern) Cultures.

Visit her site- www.positive-living.us or follow her on [facebook.com/ positive-living](https://www.facebook.com/positive-living) for valuable updates and engaging discussions.

MAI Family Services is a 501 (C) (3), tax-exempt organization that serves as a support system for South Asians in Michigan. Visit our website at www.maifs.org or call us at 248-477-4985 to learn more.



Walk to Stop domestic violence

DATE

Sunday, June 5, 2011

LOCATION

Farmington Heritage Park
24725 Farmington Road,
Farmington Hills, MI 48336

KICK-OFF @ 11am

Led by Kayhan Irani

REGISTRATION @ 10am

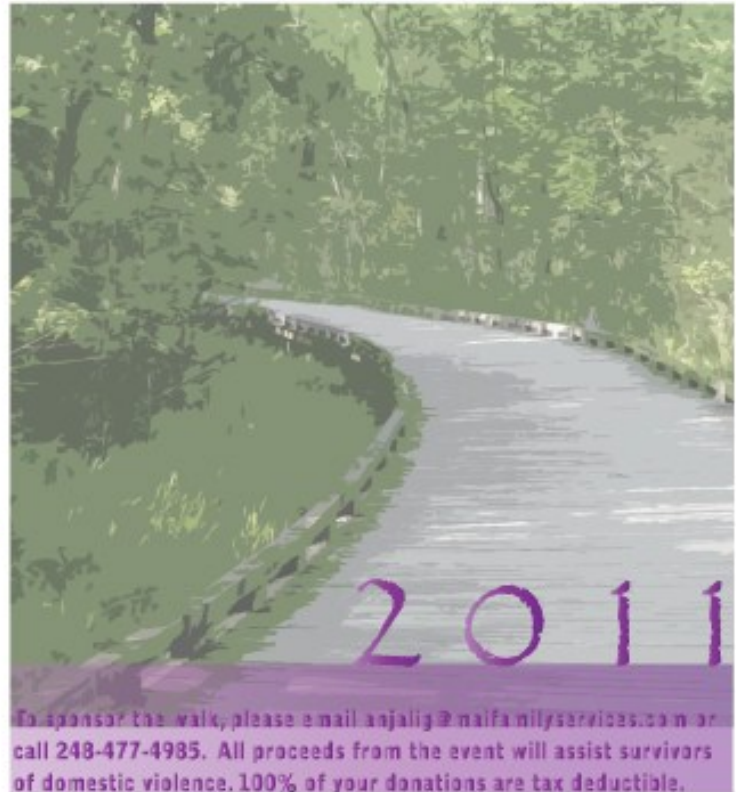
includes refreshments and activities

Adults: \$15 (ages 18+)

Youth: \$10 (ages 10-17)

Children: No fee (ages 0-9)

On-site registration: \$20



Visit our walkathon website for additional details, to learn more about our keynote speaker, Kayhan Irani, and to register.

<http://maifswalk.kintera.org>

MAI Family Services is a 501 (c)(3) non-profit organization dedicated to supporting South Asians in need. Visit www.maifs.org to learn more.
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A dedicated volunteer, Jacqueline Short, donated Easter baskets filled with goodies to our clients' children!

Thank you, Jacqueline!



MAI Family Services

Suburban Shared Center

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Livonia, MI 48152

Phone: 248-477-4985

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E-mail: info@maifs.org

Help when you need it most.

We send out information about our monthly workshops, social events, and fundraisers as well as events hosted by partner organizations to our email listserv. If you would like to receive emails from MAI Family Services, email info@maifs.org. Please type "Add to listserv" in the subject line. If you would like to unsubscribe from our listserv, please send an email to info@maifs.org with

VOLUNTEER

Join MAI Family Services and make a difference. We are looking for active and passionate volunteers to join our team. If you are interested, please fill out the online volunteer application form [http://www.maifs.org/MAI Family Services volunteer form.pdf](http://www.maifs.org/MAI%20Family%20Services%20volunteer%20form.pdf) and email it to info@maifamilyservices.com or call 248-477-4985 to learn more about getting involved.