



Mai Family Services
Support when you need it most

WE SUPPORT...

BUILDING A STRONGER AND A HEALTHY COMMUNITY

Free Helpline (888)664-8624

- [Join Us for a Community Townhall Meeting!](#)
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[Join Us for a Community Townhall Meeting!](#)

We are hosting the Community Townhall to present an overview of our services to the leaders of the community organizations. We hope that as a leader of the organization, you will spread the word about our services to the members of your organization. We are also interested in learning the 2021 initiatives of your organization to see if there is an opportunity for Mai Family Services to participate or make a presentation.

If you are interested in attending the event, please click on the link:

<https://forms.gle/axqA6yNGDfbAV72A6>

Here is the zoom link for the meeting:

Time: Mar 28, 2021 03:00 PM Eastern Time (US and Canada)

<https://us02web.zoom.us/j/82545162138...>

Meeting ID: 825 4516 2138

Passcode: 614740



Sunday March 28, 2021
Time: 3:00 PM - 4:30 PM ET

TOPIC AT HAND

The goal of this meeting is to introduce (or re-introduce) services offered by Mai Family Services to the leaders of the community organizations and ask their assistance in spreading the word about our services to the members of their organizations.

Let's create a plan to improve the community!

Interested organizations/members, please send an email with your name, organization name, and your position with the organization to info@maifamilyservices.com.

WOW Woman- Shanti Menon!



We are proud to announce that one of our Board of Directors, Shanti Menon was honored as WOW Woman for International Women's Day 2021.

In WOW's words- Grant writers are often left on the sidelines when raising funds for a non-profit. They are the backbone of any non-profit owing to their meticulous work - months of exploration with strong attention to detail. Today, we celebrate the tireless efforts of one of the seasoned grant writers in Michigan - Honoree for International Women's Day 2021 - Shanti Menon.

Shanti is a board member of Mai Family Services since 2013, after a career in academia as a teacher, administrator, and researcher. She is a voluntary grant writer for the organization. Under her aegis, the organization received a STOP award to run Educational Programs to empower survivors of domestic violence to rebuild their lives. Since then hundreds of survivors have reshaped their lives. Our hearts are filled with gratitude.



International Women's Day!

Mai Family Services celebrated International Women's Day event on March 07th, in collaboration with MIIndia and DIWA. IWD - *Soul Tough Program*, a fundraiser to empower the survivors of domestic violence in Michigan.

MaiFS presented stories of two brave survivors who were able to find their freedom, dignity and new hope with the support from Mai Family Services. The first story is narrated by the survivor herself. The second story is a visual depiction of the second survivor's story.

Please [click here](#) to watch MaiFS - Soul Tough presentation.

In Partnership with the Michigan Department of Health and Human Service



STOP Grant Program Updates!

Since 2016, MaiFS's STOP Grant program, funded by the Michigan Department of Health and Human Services (MDHHS), has provided domestic violence victims and survivors in the underserved Asian community with advocacy and victim services. MaiFS conducts classes in ESL, Computer Literacy, and Job Skills Training as part of the Grant.

The last year has seen some major challenges to how MaiFS has administered the program, but we are happy to report that in spite of the unprecedented Covid pandemic and the inability to meet in classrooms and socially interact with their friends and peers, the empowerment classes have continued online and the students continue to gain the necessary skills to better themselves and live their free from the fear of domestic violence.

The original 5-year STOP Grant ends in September 2021, and we are working hard to ensure a further renewal of the MDHHS grant so that we can continue our efforts to empower the underserved Asian community women of Metro Detroit.

Coming Soon - Mindfulness Webinar!

A graphic for a mindfulness webinar. At the top left is the Mai Family Services logo, which features a stylized family silhouette. The text "Mai Family Services brings you" is in a green serif font, followed by "Mindfulness Webinar" in a larger, bold green serif font. Below the text is a photograph of a stack of seven smooth, grey stones. A green silhouette of a person in a yoga pose (Tree Pose) stands on the top stone, with a tree growing from their head. The background is a soft-focus sunset over water. To the right of the stones, the text "Date: Sunday, April 25th, 2021" and "Time: 4:00 PM - 5:30 PM ET" is displayed in a white sans-serif font. At the bottom of the graphic, a green banner contains the text "Venue: https://us02web.zoom.us/j/85031478535?pwd=YnNuVVZvWFdBNUZJZ3hucW50QjBUdz09" in white. Below the banner, a grey box contains the text: "This webinar will be led by Mridu Pasrija. Mridu is a certified mindfulness meditation teacher and coach, energy healer and life coach. She also works part time in the corporate world as a Senior Product Specialist. Her passion lies in empowering individuals through mindfulness and meditation, encouraging them to tap into their inner wisdom and stillness."

Date: Sunday, April 25th, 2021
Time: 4:00 PM - 5:30 PM ET.
Zoom meeting link: [Click here](https://us02web.zoom.us/j/85031478535?pwd=YnNuVVZvWFdBNUZJZ3hucW50QjBUdz09)
Meeting ID: 884 9176 6983
Passcode: 375865

Thank you for supporting Mai Family Services!



Our mailing address is:

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