



**Mai Family Services**  
Support when you need it most

**WE SUPPORT...**

**BUILDING A STRONGER AND A HEALTHY COMMUNITY**

Free Helpline (888)664-8624

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## Happy Thanksgiving from MaiFS Team!



“Gratitude makes sense of our past, brings peace for today, and creates a vision for tomorrow.” – *Melody Beattie*

Gratitude opens the door to new relationships and improves existing relationships. When we consciously practice being grateful for the people, situations and resources around us, we begin to attract better relationships and results. The habit will be strengthened as we make the choice each day. Perhaps the most difficult thing to do in life is to be thankful in difficult times. There is so much to be learned from our past painful experiences and turned into gold if we're willing to shift our perception just a bit.

It is as relevant to be grateful for the positive outcomes from our past negative experiences as it is to be thankful for the amazing things in our life. Spread the positive thoughts and love far and wide through a simple prayer or a smile. During this Thanksgiving, we may not be able to physically celebrate with our families but we can always show our gratitude by spreading love and kindness through prayers to families, people around us and around the world.



## **STOP Grant Empowerment Program Update!**

The STOP Grant has started Year-5, the last year of the contract agreement with the Michigan Department of Health and Human Services (MDHHS) to empower South Asian women in the Metro Detroit Counties of Wayne, Oakland, Macomb and Washtenaw. While the existing contract will end in October 2021, a new application process to renew the contract for another new term is in the preliminary stages of planning.

The STOP Grant has implemented several new processes for the Grant's administration based on the last contract review with MDHHS in August. New policies for client selection, as well as ongoing DV education/awareness to selected clients is being mandated and implemented rigorously.

Classes in ESL and Computer Skills continue to be offered through Zoom to selected participants in the program, and the STOP Grant staff continues to administer and run the program remotely.

We encourage South Asian women who are victims of Domestic Violence to avail the services that are offered through the STOP Grant and empower themselves to the maximum. Please contact our Program Managers at @ 248-795-4567 or 248-795-4639.

On behalf of everyone here at the MaiFS STOP Grant program, HAPPY HOLIDAYS!

## **A Grateful Heart is a Magnet for Miracles**

Your contribution and support enables MAIFS to help and support its clients and their children who hope and dream of living violence free lives.



**Thank you for supporting Mai Family Services!**



**Our mailing address is:**

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