



Mai Family Services
Support when you need it most

WE SUPPORT...

BUILDING A STRONGER AND A HEALTHY COMMUNITY

Free Helpline (888)664-8624



October is Domestic Violence Awareness Month. Purple color is meant to be a symbol of peace, courage, survival, honor, and dedication to ending violence.

Domestic violence In Southeast Asian Community

What is domestic violence? When asked, most peoples' general idea is physical abuse. Other signs of domestic violence are excessive control of your partners' life. This may include not allowing them to drive, withholding money, withholding travel documents and isolation from the community at large. Intimate partner violence includes stalking, physical abuse and sexual abuse.

In a study done in the Houston area 20% of Indian respondents 154 male and female reported experiencing at least one form of intimate partner violence. These acts ranged from throwing objects to using a knife or gun on the respondent during the previous year. In a study of intimate partner violence in Southeast Asian in the San Francisco bay area found that 96% of Indian and Pakistani victims reported having experienced physical violence by an intimate partner. 50% of Indian and Pakistani victims reported having experienced stalking by an intimate partner. Second generation victims had a higher likelihood of physical violence sexual assault and stalking compared to those born outside the US and those who immigrated.

The impact of abuse on the victims, their children, and the family system are detrimental and are transmitted to the next generation. These are seen as depression anxiety PTSD and an increase in suicide attempts and self-harm behavior. This affects the stability of children in the relationship and how they view themselves and the possibility that they also become involved in abusive relationships. Negative impact on both the economic health of the family and educational successes of the children are also noted.

Preeti Venkataraman, MD



MIINDIA Foundation in collaboration with local organizations will be organizing a Self Defense class for women on October 20th at Plymouth Midwest Taekwondo. The class is FREE to participants. This program will be championed by well respected and established Master Panizzo. Mai Family Services is participating in this initiative in lieu of October Domestic Violence Awareness month. It's a self-defense theory and practical workshop for women.

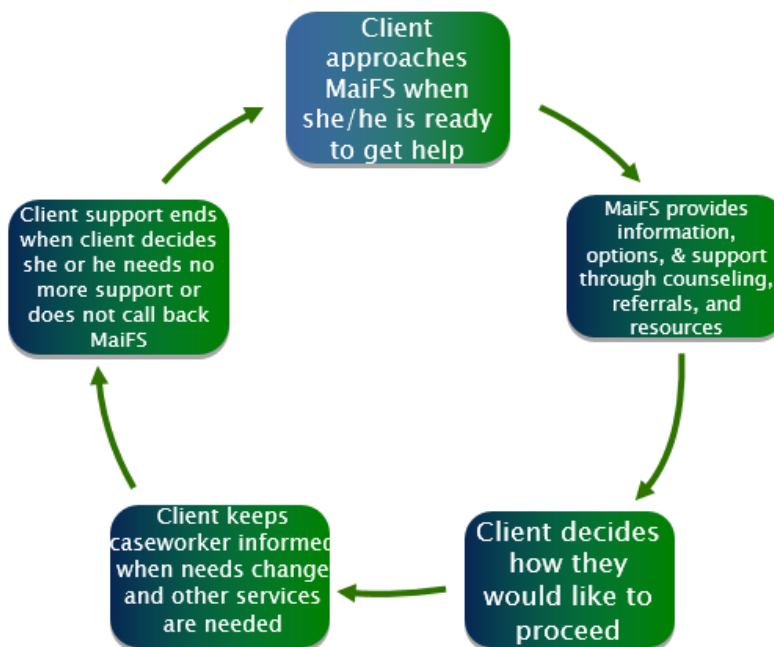
The poster features logos for miindia.com (bringing community together), SAAVI (South Asian American Voices for Impact), and a purple awareness ribbon. The main title is "SAFETY AWARENESS & SELF-DEFENSE PROGRAM OPTIONS FOR EVERY WOMAN!". The event is on October 20, Sunday, from 9:00 AM to 12:00 NOON at Midwest Tae Kwon Do, 584B West Ann Arbor Trail, Plymouth, MI 48170. A red banner says "FREE EVENT. REGISTER HERE: <http://bit.ly/miwomansafety>". The bottom left text states: "We are proud to bring you a comprehensive, women-only course that covers awareness, prevention, risk-reduction and avoidance. It is NOT a martial arts program. It is meant to EMPOWER you & help you develop confidence in yourself & your ability to use options and stay safe." Logos for Mai Family Services, Kyuba Foundation, and Institute of Therapeutic Sciences are at the bottom right.



MaiFS Client Process: What happens when someone calls MaiFS seeking help and support?

Several community members have asked us about our Intake and Processing of calls. We have an established process to handle every incoming call with the utmost confidentiality and a sincere desire to seek understanding of the situation. The following picture shows our process better than a 1000-word description!

Client Process



Job Openings!!!

Mai Family Services is inviting applicants for following Part-time PAID positions:

1. Administrative Assistant: Part-time position (15 hrs/week). Please [click here](#) for details of the position.
2. Caseworker: Part-time position (20 hrs/week). Please [click here](#) for details of the position.

Please e-mail a cover letter detailing your relevant experience and resume to Jobs@maifamilyservices.com indicating the position you are applying for in the subject line e.g. "Administrative Assistant" or "Caseworker".

MaiFS Annual Appreciation Dinner!

MaiFS will be hosting its 11th annual Appreciation Dinner on December 7th at Farmington Manor. Please mark your calendars! Online registrations opening soon!



Mai Family Services invites you to join our 2019 Annual Appreciation Banquet, as we celebrate our gratitude and thanks to all the giving hearts that make our success 'your success.'

Mingle & Jingle

AN EVENING OF FUN, FOOD AND ENTERTAINMENT!

DECEMBER
07
STARTS AT
6:00 PM

FARMINGTON HILLS MANOR
23666 ORCHARD LAKE ROAD
FARMINGTON HILLS, MI 48336

ENTRY FEE (INCLUDES DINNER)
ADULTS: \$50; CHILDREN (AGE 18 AND BELOW): \$25

For tickets, please contact Mona @ 248/767-4542; Yagita @ 248/880-7068
For online tickets, please go to our website, www.maifs.org

Mai Family Services thanks its patrons, sponsors, volunteers and the community for their support, time and financial generosity. Most proceeds from the tickets sales to the holiday party will be used to help individuals and families in abuse and crisis situations. Mai Family services is a tax-exempt 501(c)(3) non-profit organization.



“We make a living by what we get. We make a life by what we give.” - Winston Churchill

Your contribution and support enables MAIFS to help and support its clients and their children who hope and dream of living violence free lives.

Donate

amazonsmile

MaiFS 11th Annual Walkathon 2019!

Mai Family Services held its 11th annual Walkathon to STOP Domestic Violence on Sunday, September 8th. It was attended by our regular supporters and several new friends. Thanks to everyone for attending, making it a fun and an informative event. Special thanks to all the volunteers for the food and the planning, Nandita Bajaj for Warm-up activity, Yogita Chhettri for Yoga session for non-walkers, Tammy Risim for cool-down activity and last but not least, our child performer Dhruv Rathod who won the hearts of all guests with his super emotional rendition of the national anthems. Please check out the pictures [here](#). You may spot yourself in one of them.



Thank you for supporting Mai Family Services!

