- IN OBSERVANCE OF DOMESTIC VIOLENCE AWARENESS MONTH!
- DONATE TO MaiFS- 3 EASY WAYS!
- VIRTUAL YOGA WELLNESS SESSION!
- STOP GRANT EMPOWERMENT PROGRAM UPDATE!



IN OBSERVANCE OF DOMESTIC VIOLENCE AWARENESS MONTH! By: Ramya Dronamraju

South Asian women residing in the United States are at an exceptionally <u>high</u> <u>risk</u> for intimate partner violence (IPV), with over 40% women <u>reporting</u> intimate partner violence in their current relationship. Although IPV happens to men as well, this statistic is much lower at about 5-10% of the population. South Asian women in particular are not only vulnerable to domestic violence but exceptionally vulnerable to <u>underreporting</u> of domestic violence. COVID-19 has created an added barrier to care and has added one more layer of danger.

read more here >>

About the Author -

Ramya Dronamraju, MPH is the founder and CEO of Intuition , a mental health app for women and non-binary people with the overall goal of reducing the incidence of intimate partner violence. Ramya was one of twenty winners of the 2019 VS PINK GRL PWR Project sponsored by Victoria's Secret Pink and is an inaugural fellow of the Vital Voices x TRESemmé Leadership Incubator.



DONATE TO MaiFS- 3 EASY WAYS!

Celebrate your loved ones or commemorate a milestone in their names. Your contribution and support enables MaiFS to help and support its clients and their children who hope and dream of living violence free lives.

Donation Appeal Video

3 Easy Ways to Donate:

• On Website: www.maifs.org

• Zelle Payment: admin@maifamilyservices.org

• Mail Check to: Mai Family Services, 32401 W. Eight Mile Road, Livonia, MI 48152

VIRTUAL YOGA WELLNESS SESSION!



You can sign up for our virtual session by clicking <u>here</u>.

If any questions contact us at <u>contactus@maifamilyservices.com</u>

Date: Sunday, October 18th, 2020 Time: 9:00 AM - 10:30 AM ET.

Zoom link will be provided to you with the registration confirmation.

We look forward to seeing you on your yoga mat.



In Partnership with the Michigan Department of Health and Human Service

STOP GRANT EMPOWERMENT PROGRAM UPDATE!

We are pleased to announce that MDHHS has renewed our annual STOP Grant for 2020-2021 effective October 01, 2020! While this makes us all tremendously happy and proud yet again, it also brings added responsibility, and need for increased accountability. All of us in the STOP office are taking this challenge seriously and working diligently on action plans based on last month's MDHHS Contract review/audit findings and recommendations.

The COVID pandemic has affected us all in different ways and we have all adapted to a new living and working style. The STOP Empowerment classes have also seamlessly migrated to online, remote instruction that the MDHHS really appreciates. We are continuing our ESL and Computer Literacy classes, adding new students, and also starting a new Computer Literacy class at one of our contract locations in October

To make the program more accountable, we have developed, new student registration forms, a new client eligibility form, safety planning documents and other changes that will satisfy MDHHS. We are also working to update our financial policies keeping in view the recommendations of the Contract Review. We look forward to the start of Year-5 of the Grant, and will continue on our mission and goal to make a difference in the lives of South Asian women and make them valuable and empowered citizens in our society.

Thank you for supporting Mai Family Services!









Our mailing address is:

MAI FAMILY SERVICES 32401 W. Eight Mile Rd. Livonia, MI 48152